

WEDNESDAY

R E P O R T JANUARY 22, 2014

Wheelchair Rugby Players Compete In International Tournament

Wheelchair rugby teams from Germany, Brazil, Alabama, Missouri, Arizona, Georgia – as well as TGH-sponsored the Tampa Generals – recently competed in the 22nd Annual Tampa International Wheelchair Rugby Tournament.

Some of the Tampa Generals team players are former TGH rehab patients.

The fast-paced co-ed sport, also called quad rugby, is played by on a basketball court. Players advance a modified volleyball up the court and attempt to cross over their opponent's goal line. While the offense is trying to advance the ball, the defensive team tries to take the ball away from the opposing team. Players must dribble or pass the ball every 10 seconds and must score within a 40-second time limit. Players are allowed to ram into one another, often resulting in exciting hits and players getting knocked over.

During this year's three-day tournament, the Tampa Generals placed fourth out of eight teams, said the team's co-captain Justin Stark, director of the Florida Spinal Cord Injury Resource Center, which is located in the TGH Rehabilitation Center.

Wheelchair rugby helps players in many ways, said Justin. "You're out there competing and training and you get better physically," he said. Players also benefit socially because they are surrounded by people who have had similar injuries and hardships, he said.



Tampa Generals wheelchair rugby co-captain Justin Stark, far right, and teammate Leevi Ylonen, center left, lock up Birmingham's Lakeshore Demolition player Bryan Kirkland during the recent 22nd Annual Tampa International Wheelchair Rugby Tournament.

For more information on the team visit www.tampagenerals.org, or www.facebook.com/tampagenerals, or email tampagenerals@aol.com.

Organization Delivers Gift Baskets To Help Women With High-Risk Pregnancies

Women in the Neonatal Intensive Care and the Ante/Postpartum units recently received gift baskets full of personal items from the non-profit organization High Risk Hope.

The group provides support, encouragement, information and resources to women and families experiencing a high-risk pregnancy resulting in hospital bed rest, potential premature birth and neonatal intensive care after delivery. During its first delivery to TGH earlier this month, High Risk Hope representatives distributed bed rest baskets to long-term high risk obstetrics patients and NICU nap sacks to families with infants in the Neonatal ICU.



Brandy Kaveski, with her baby Zoie, received a gift basket from the High Risk Hope organization. Also pictured from left: Elizabeth Carrere, High Risk Hope's TGH coordinator; Gloribel Medina, nurse manager of the NICU and Transition Nursery; Patricia Brooks-Campbell, manager of the Ante/Postpartum Unit; Kerri Kibbey, High Risk Hope's director of operations; and Robert Yelverton Jr., MD.

Register Now For Upcoming Employee Golf Tournament

The 5th Annual TGH Employee Golf Tournament will be held April 6 at the Hunter's Green Country Club.

Tournament proceeds benefit the Employee and Physician Fitness Center. The previous tournaments raised more than \$225,000 for the TGH Employee Emergency Fund and the Employee/Physician Wellness Program.

Employees and their guests can enjoy golfing on one of the area's finest courses and have a chance to win great prizes. Food, drinks, and goodie bags will also be offered.

You may invite up to three guests to participate. The entry fee for TGH employees, physicians, volunteers and TGH board members is \$90 and \$120 for guests. The price includes a round of golf, a box lunch and awards dinner, goodie bags, use of the driving range, and a few tickets for drinks. Registration and use of the driving range begins at 11 a.m., and the shotgun tournament starts at 1 p.m. sharp.

The tournament is limited to the first 144 golfers who have paid. Spots are filling up quickly, so submit your entry and payment early to secure a slot. Send registration forms and payment to

Chris Roederer, senior vice president of Human Resources. Make checks payable to the TGH Foundation. Although golf handicaps may not be recognized, please include your handicap or an estimate of your handicap, along with your men's or women's shirt size on the form. Registration forms were included in a Jan. 8 email about the tournament to all employees. The forms are also available in Human Resources.

For more information or a registration form, contact Nancy Thomas in Human Resources at ext. 4548, or via email at nthomas@tgh.org.

Briefly...

Please Help

Melissa Trail, of the NICU; Sandra Powell, of Environmental Services; Emma Wright, of Strategic Services; and Christopher Manis, of the Cardiovascular Operating Room, are on medical leave and have used up all of their eligible leave time. They are seeking donations of ATO or vacation hours. If you can help, please fill out an ATO/Vacation Donation form and send it to Payroll. Leave Sharing requests must be submitted to the Benefits office in Human Resources.

Transforming Stress

Learn how to reduce stress at work and in your personal life, improve your response to stress, and more by taking the free Transforming Stress Workshop. The program consists of two sessions. The next sessions will be held Feb. 7 from 3 p.m. to 7 p.m. and Feb. 21 from 4 p.m. to 6 p.m. Participants should commit to attending both sessions. Register in MindLab, and click on development/instructor led and then Heartmath Transforming Stress Workshop. MindLab also lists dates for upcoming workshops. For more information contact Wellness Educator Shelly Scamardo at ext. 7650.

Congratulations

Rev. Jenny Sumner Carswell has been granted associate supervisor status with the Association for Clinical Pastoral Education. The certification identifies her as a certified teacher of clinical pastoral education and eligible for a faculty position in a hospital pastoral education program. She was recently added to the hospital's clinical pastoral education training faculty.

Support March Of Dimes

Benefit the March of Dimes by

attending a painting class at Painting with a Twist, 2821 S. MacDill Ave. in Tampa, Jan. 26 from 1 p.m. to 3 p.m. or from 1 p.m. to 4 p.m. Half of the registration fees will be donated to the March of Dimes. Registration is \$35 for the class ending at 3 p.m. and \$45 for the class ending at 4 p.m. Bring your own beverages and snacks. Register by calling 839-2409 or at <http://www.paintingwithatwist.com/tampa>. Go to the calendar page and click Jan. 26.

TB Skin Test Inspector Class

The next Tuberculin skin test (TST) inspector class will be held Feb. 5 from 7:30 a.m. to 8 a.m. in MacInnes Auditorium. Take the class to become a TST inspector for your department. Classes are open to all employees; no medical experience is needed. If you are a current TST inspector, and it's been more than five years since your last training, you must get recertified. Classes are held the first Wednesday of each month from 7:30 a.m. to 8 a.m. in MacInnes Auditorium. The class qualifies for clinical ladder as a CAP validator credit. Registration is not required. Contact Nancy Epps in Employee Health at nepps@tgh.org for more information.

Mandatory ICD-10 Training

The hospital transitions to ICD-10 diagnosis coding documentation on April 1. All nurses, ARNPs and PAs are required to complete mandatory e-Learning lessons in MindLab Jan. 27 through March 31. To access your eLearnings, go to MindLab and click on the ICD-10 splash button to start your training. Be sure to turn off your pop-up blocker when accessing the system from your personal laptop, PC, and tablets. If you have questions about the training, contact the ICD-10 concierge staff at ext. 5050 or at ICD10Support@tgh.org.

On The Job



Luis Marrero, an air conditioning and refrigeration technician, works on an ice machine in the doctor's lounge.

"Thanks" For Very Good Care

Dear Administrators:

Unfortunately, I suffered a heart attack one recent morning. Fortunately, I was able to reach the emergency room at TGH.

I have a long cardiac medical history which has resulted in admissions to large metropolitan hospitals in three states. The quality of care that I received during my entire stay at TGH was exceptional and far exceeded that received at any other facility.

Please forward my gratitude and deepest appreciation to Dr. Berlowitz, his team, the staff in the emergency room, the Cardiac Intensive Care Unit, and on 6C1. Their dedication, expertise, and compassion is remarkable and should not go unrecognized.

Dr. Mr. Burkhart,

I recently spent time on the sixth floor. It was my first visit to your hospital. I want you to know that the care I received was exceptional. Everyone was friendly and very professional.

During my short stay, my nurses were Sophia, Prudence, and William. Marsha was my CNA, and Chad was my tech. They made me feel special and like I was the only patient they had to care for.

Thank you to everyone. I will be returning for surgery and hope to see them again.